

Estimated Food Expenditures by Residents of La Plata County, CO

A very rough estimate using Bureau of Labor Statistics Consumer Expenditure data which assumes average spending habits of Western US residents.

- 1) La Plata County 2021 population 56,250
- 2) La Plata County households (avg 2.5 people/household) —> 22,500
- 3) La Plata County total expenditures for food items, subtotals, and totals are in the right column below.

Food Item	Annual Spending per "household," Western Region (\$)	Estimated Total Annual Spending by La Plata Residents (\$)
Food at home	5,673	127,642,500
Cereals and bakery products	692	15,570,000
Cereals and cereal products	234	5,265,000
Bakery products	458	10,305,000
Meats, poultry, fish, and eggs	1207	27,157,500
Beef	332	7,470,000
Pork	230	5,175,000
Other meats	148	3,330,000
Poultry	215	4,837,500
Fish and seafood	200	4,500,000
Eggs	81	1,822,500
Dairy products	550	12,375,000
Fresh milk and cream	174	3,915,000
Other dairy products	376	8,460,000
Fruits and vegetables	1149	25,852,500
Fresh fruits	438	9,855,000
Fresh vegetables	386	8,685,000
Processed fruits	136	3,060,000
Processed vegetables	189	4,252,500
Other food at home	2,075	46,687,500
Sugar and other sweets	180	4,050,000
Fats and oils	140	3,150,000
Miscellaneous foods	1162	26,145,000
Nonalcoholic beverages	522	11,745,000
Food prepared on trips	71	1,597,500
Food away from home	3,016	67,860,000
Total Food Expenditures by Residents	8,689	195,502,500

*Data Source--Bureau Labor Statistics:

<https://www.bls.gov/cex/tables/geographic/mean/cu-region-2-year-average-2021.pdf>

For help & a working Excel worksheet for your use, contact jimdyer30@gmail.com