

## Estimate Food Expenditures by Residents in Your Area

A very rough estimate using Bureau of Labor Statistics Consumer Expenditure data which assumes average spending habits of Western US residents. See source\* below for other regions of US.

- 1) Enter your area's population to the right—>
- 2) Divide pop. by 2.5 (avg 2.5 people/household) to get # households—>
- 3) Household expenditures for food items, subtotals, and totals are in the middle column below. Multiply the middle column by your number of households to get expenditures per item for the right column.

Food Item	Annual Spending per "household," Western Region (\$)	Estimated Total Annual Spending by Area Residents (\$)
Food at home	5,673	
Cereals and bakery products	692	
Cereals and cereal products	234	
Bakery products	458	
Meats, poultry, fish, and eggs	1207	
Beef	332	
Pork	230	
Other meats	148	
Poultry	215	
Fish and seafood	200	
Eggs	81	
Dairy products	550	
Fresh milk and cream	174	
Other dairy products	376	
Fruits and vegetables	1149	
Fresh fruits	438	
Fresh vegetables	386	
Processed fruits	136	
Processed vegetables	189	
Other food at home	2,075	
Sugar and other sweets	180	
Fats and oils	140	
Miscellaneous foods	1162	
Nonalcoholic beverages	522	
Food prepared on trips	71	
Food away from home	3,016	
<b>Total Food Expenditures by Residents</b>	<b>8,689</b>	

\*Data Source--Bureau Labor Statistics:

<https://www.bls.gov/cex/tables/geographic/mean/cu-region-2-year-average-2021.pdf>

**For help & a working Excel worksheet for your use, contact [jimdyer30@gmail.com](mailto:jimdyer30@gmail.com)**